



Ground Tasks – Certificate 1

Student's Name:.....

Horse's Name:.....

<u>No.</u>	<u>Tasks</u>	<u>Pass</u>	<u>Comment</u>
1	Catch your horse in small enclosure with your horse either facing-up to you or coming to you		
2	Standing at the near side shoulder of the horse, place your halter on your horse, whilst ensuring that the horse's head is down and with lateral flexion		
3	Rub your horse all over with your hand. Pick up all 4 feet using the chestnut on the front legs and the point of hock on the back legs as a cue, whilst supporting the fetlock with the belly of the rope and with the horse's head flexed towards you		
4	Obtain lateral flexion on both sides, then throw belly of the rope over the head whilst maintaining lateral flexion		
5	Whilst standing in front of your horse, throw rope over horse from both sides, around feet, over body and head		
6	Using a plastic bag on your hand rub the horse all over with it.		
7	With the plastic bag attached to your training stick, rub your horse all over with it, including waving it over his head and along his sides.		
8	Use direct pressure on your horses nose back him up five steps		
9	Using direct pressure, yield your horse's hind- quarters three steps on both sides		
10	Using your training stick, side-pass horse in a straight line both to the left and to the right three steps		
11	Using direct pressure, yield your horse's forequarters three steps on both sides		
12	Using your lead rope only, back your horse five steps		

13 Circle your horse, at the walk, to the left for three circles. Show that you have an open lead hand. Show submission / flexion in the hind-quarters, ribs, shoulders, jaw and poll. Disengage the hindquarters to stop. Repeat for three circles to the right.

--	--

14 Back you horse five steps by placing pressure on the horse's shoulders

--	--

15 Put your horse on the float from the near side and the off side.

--	--

Overall Comments by Instructor

**QNH Australia,
Queensland Natural Horsemanship Centre,
185 Bells Lane,
Bellmere,
Queensland 4510,
Australia**

**Phone: 0061 7 5499 2926
Mobile: 0404 475 656
email: qnhc@bigpond.com**