



# Certificate 3

## Riding Tasks

Student's Name:.....

Horse's Name:.....

<u>No.</u>	<u>Tasks</u>	<u>Pass</u>	<u>Comment</u>
1	Whilst cantering your horse in large circles to the left either crack a whip, throw a rope to the front and sides of the horse or wave a plastic bag attached to your training stick. Repeat for a circle in the opposite direction		
2	Walk, trot and canter your horse bareback with just a string around his neck. Stop and back up ten steps.		
3	Obtain vertical flexion by merely lifting the reins. Hold for 15 seconds and release.		
4	Yield hindquarters in both directions using your seat only.		
5	Perform a trot half-pass to the left for 20 meters, showing correct flexion, change direction to the right for a further 20 meters and then back to the left for a further 20 meters		
6	Show a 360 degree turn on the hindquarters whilst maintaining vertical flexion		
7	Canter your horse in a straight line. Stop and back up, do a 180 degree turn on the hindquarters to canter depart in the opposite direction. Repeat two more times		
8	Obtain a soft feel. Walk forward and show a slow, medium and extended walk whilst maintain the soft feel. Stop and maintain soft feel for 15 seconds		

9 Obtain a soft feel. Trot forward and show a slow, medium and extended trot whilst maintain the soft feel. Stop and maintain soft feel for 15 seconds

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10 Obtain a soft feel. Canter forward and show a slow, medium and extended canter whilst maintaining the soft feel. Stop and maintain soft feel for 15 seconds

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11 Canter your horse over a cross-country course, jumping various jumps to 90 cm in height.

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12 Whilst backing your horse, ask him to drag something, e.g. a log or tyre.

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13 Using your seat only perform a forequarter yield for a full rotation

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14 Using only your training sticks/s, canter your horse three circles to the left, indirect rein to a trot. Trot through the center of the circle, Then canter depart and canter three circles to the right. Indirect rein to a trot. Trot through the center of the circle. Then canter three circles to the left again. Stop and back up five steps.

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15 Canter a figure of eight four times showing flying changes on each change.

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**Overall Comments by Instructor**

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