



Riding Tasks– Certificate 1

Student's Name:.....

Horse's Name:.....

<u>No.</u>	<u>Tasks</u>	<u>Pass</u>	<u>Comment</u>
1	Safely saddle horse from both sides		
2	Mount your horse from both sides		
3	Obtain lateral flexion on both sides		
4	Obtain lateral flexion and yield hind-quarters for three steps on both sides		
5	Side pass your horse three steps to the left, and then three steps to the right.		
6	Back horse up five steps using reins, firstly from one side and then the other side		
7	Back horse up five steps using your seat – no reins		
8	Walk your horse in a small circle to the left for three circles and then the right for three circles, showing flexion through the body and a soft jaw, using your seat. Stop and back up in a straight line for five steps.		
9	Trot your horse in a larger circle to the left for three circles and then the right for three circles, showing flexion through the body and a soft jaw, using your seat. Stop and back up in a straight line for five steps.		
10	Canter your horse in larger circles both to the left for three circles and then to the right for three circles, showing flexion through the body and a soft jaw, using your seat. Stop and back up in a straight line for five steps.		

- 11 Trot your horse for three circles, jumping a jump at least 40 cm high on each circle. Both left and right.
- 12 Ride your horse to your training stick, pick it up and whilst standing at the halt, with a loose rein, wave it around your horse, including along his sides and over his head
- 13 Ride your horse around, on a loose rein, whilst waving your training stick around, including along his sides and over his head.
- 14 Trot your horse in a square shaped pattern. At each corner of the square perform an indirect rein to turn your horse and bring your horse to a walk. Then ride up to a trot to the next corner of the square and repeat for each corner. Ride for three squares. Ride both left and right. Stop and back up five steps.
- 15 Trot your horse three circles to the left, indirect rein him to a walk. Walk through the center of the circle, throwing the rein to the near side of his neck. Then trot three circles to the right, indirect rein to a walk. Walk through the center of the circle, throwing the rein to the off side of his neck. Then trot three circles to the right. Stop and back up five steps.

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Overall Comments by Instructor

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